**State Travel Bans due to Covid-19 as of April 21, 2020 per USA Today**

**Alaska**

In Alaska, travelers arriving at state airports will be required to fill out a mandatory [State of Alaska Travel Declaration Form](https://gov.alaska.gov/wp-content/uploads/sites/2/COVID-19-Health-Mandate-010-Travel-Declaration.pdf) and identify their "designated quarantine location," which would be home for residents and a hotel room or rented lodging for visitors.

The [state's order](https://gov.alaska.gov/home/covid19-healthmandates/) requires travelers to go straight to their quarantine location from the airport and remain there for 14 days, or for the duration of their stay if it's shorter.

On March 28, Gov. Mike Dunleavy expanded Alaska's stay-at-home order to travel within the state. Only workers who support critical infrastructure are exempted.

## Arizona

[Gov. Doug Ducey's executive order](https://azgovernor.gov/sites/default/files/eo-2020-24.pdf) requires new arrivals from New York, New Jersey and Connecticut to self-quarantine for 14 days or the duration of their visit, whichever is shorter. They are not allowed to self-quarantine with anyone they did not travel with, including family and friends.

The order also requires every aviation and airport authority, the state police and public health personnel to help enforce it. The following essential workers are exempt: Airline employees, military personnel and medical, public health and infrastructure workers responding directly to the COVID-19 crisis.

## Arkansas

The [Arkansas Department of Health](https://www.healthy.arkansas.gov/images/uploads/pdf/NY-NJ-CT-NO-Intl_Self_Home_Quarantine.final.3.30.20.pdf) has recommended 14 days of self-quarantine for travelers from New York, New Jersey, Connecticut, New Orleans and all international locations.

## Connecticut

[The state](https://portal.ct.gov/Coronavirus) is urging any person coming into Connecticut by any mode of transportation to self-quarantine for 14 days.

## Delaware

[Delaware Gov. John Carney is ordering](https://news.delaware.gov/2020/03/29/governor-carney-orders-out-of-state-travelers-to-immediately-self-quarantine-for-14-days/) all out-of-state travelers to self-quarantine for 14 days. It also applies to anyone who entered Delaware in the 14 days prior to March 30 but does not apply to travelers passing through the state.

The [state of emergency modification](https://governor.delaware.gov/health-soe/seventh-state-of-emergency/) authorizes Delaware law enforcement officers to stop vehicles with out-of-state plates.

## Florida

[Florida's executive order](https://www.flgov.com/wp-content/uploads/orders/2020/EO_20-80.pdf) requires people arriving on flights from the New York tri-state area – New York, New Jersey and Connecticut – to quarantine for 14 days or for the length of their visit if that time is shorter. The mandates make exceptions for airline employees, military, health and emergency personnel.

Gov. Ron DeSantis has issued a separate [separate order](https://www.flgov.com/wp-content/uploads/orders/2020/EO_20-86.pdf) directing people driving in from Louisiana to self-quarantine, too. Highway checkpoints have been set up.

## Hawaii

[Hawaii Gov. David Y. Ige's emergency proclamation](https://governor.hawaii.gov/newsroom/latest-news/governors-office-news-release-gov-ige-orders-mandatory-14-day-quarantine-for-all-individuals-arriving-or-returning-to-the-state-of-hawai%CA%BBi/?utm_source=cendyn&utm_medium=email&utm_campaign=a-list_-_covid-19_-_mar_23) mandates all visitors and residents arriving at airports in the state to self-quarantine for 14 days. A [supplementary proclamation](https://governor.hawaii.gov/wp-content/uploads/2020/03/2003248-ATG_Fourth-Supplementary-Proclamation-for-COVID-19-distribution-signed.pdf) requires all residents and visitors traveling between any of the islands to do the same.

According to the state, travelers will be required to complete a Department of Agriculture Plants and Animals Declaration Form on their flight and present it to checkpoint staff after landing. The travelers must then go straight to the "designated quarantine location" that they identify on the form and remain there for 14 days or the length of their stay if it is shorter.

## Iowa

Iowa's governor is [recommending](https://governor.iowa.gov/press-release/additional-covid-19-cases-in-iowa-1) that Iowans who have traveled recently for business or vacations, whether internationally or domestically, should self-isolate for 14 days.

## Idaho

Idaho's [stay-at-home order extension](https://gov.idaho.gov/pressrelease/governor-little-charts-path-to-prosperity-extends-statewide-stay-home-order-to-april-30-with-exceptions/), issued April 15 by Gov. Brad Little, included a domestic travel order requiring out-of-state travelers to self-quarantine for 14 days. The order excludes essential workers and those who travel across state lines for work.

## Kansas

[State health officials](https://khap2.kdhe.state.ks.us/NewsRelease/PDFs/3-27-20%20travel.pdf) said residents who traveled to California, Florida, New York, Washington on or after March 15; Illinois or New Jersey on or after March 23; or Colorado and Louisiana on or after March 27 must self-quarantine for 14 days after returning to Kansas.

## Kentucky

[Kentucky Gov. Andy Beshear's executive order](https://governor.ky.gov/attachments/20200330_Executive-Order_2020-258_Out-of-State-Travel.pdf) directs residents not to travel to other states, with exceptions to go to work, shop for essential supplies, receive medical attention care for a minor, elderly or disabled person or when required by court order. Residents returning from another state must self-quarantine for 14 days.

## Maine

[Maine's executive order](https://www.maine.gov/governor/mills/sites/maine.gov.governor.mills/files/inline-files/An%20Order%20Establishing%20Quarantine%20Restrictions%20On%20Travelers%20Arriving%20in%20Maine.pdf) requires travelers to the state to self-quarantine for 14 days, regardless of their state of residency. The order also calls on visitors not to come to the state if they are experiencing [symptoms of COVID-19](https://www.usatoday.com/story/news/health/2020/03/20/coronavirus-allergies-cold-flu-strep-these-differences/2882663001/).

## Maryland

[Maryland's stay-at-home order](https://governor.maryland.gov/2020/03/30/as-covid-19-crisis-escalates-in-capital-region-governor-hogan-issues-stay-at-home-order-effective-tonight/) notes that residents shouldn't travel out of state unless it's "absolutely necessary." People who have traveled outside of the state should self-quarantine for 14 days; those who don't could be jailed for up to one year or face up to a $5,000 fine.

## Massachusetts

All travelers to Massachusetts [are instructed](https://www.mass.gov/info-details/travel-information-related-to-covid-19#travel-to-massachusetts-) to self-quarantine for 14 days, and visitors are urged not to travel to Massachusetts if they have coronavirus symptoms. Health care, public health, public safety, transportation and designated essential workers are exempt.

## Montana

Gov. Steve Bullock directed residents returning to the state and non-work-related travelers arriving from another state or country to self-quarantine for 14 days. He also directed the Montana Department of Commerce to "advise vacation listing and rental sites that they must notify potential out-of-state renters about the quarantine requirement," according to a [news release](http://governor.mt.gov/Pressroom/governor-bullock-directs-14-day-quarantine-for-travelers-arriving-in-montana-from-another-state-or-country) on his website.

The Montana National Guard has also been authorized to check travelers' temperatures at airports and rail stations.

## Nebraska

The state's [Department of Health and Human Services](http://dhhs.ne.gov/Pages/COVID-19-Traveler-Recommendations.aspx) recommends returning international and domestic travelers from regions with widespread cases of coronavirus self-quarantine for 14 days.

## Nevada

Gov. Steve Sisolak  [issued a travel advisory](https://www.rgj.com/story/news/2020/04/01/coronavirus-las-vegas-covid-19-updates-reno-nevada/5100900002/%22%20%5Ct%20%22_blank) urging all Nevada residents and visitors to self-quarantine for 14 days after arriving or returning. The advisory does not apply to health care, public health, public safety, transportation and food supply essential employees.

## New Hampshire

[Gov. Chris Sununu has asked visitors](https://www.facebook.com/GovernorChrisSununu/posts/1158010761214025) to New Hampshire to voluntarily self-quarantine if they are staying for an extended period of time.

## New Mexico

[The governor's order](https://cv.nmhealth.org/wp-content/uploads/2020/04/PHO-4-6-2020.pdf) advises New Mexico residents to self-quarantine for at least 14 days after all out-of-state travel.

## North Dakota

The North Dakota Department of Health issued a [quarantine order](https://www.health.nd.gov/diseases-conditions/coronavirus/travel-quarantine-orders) for people arriving to the state from abroad or other states to self-quarantine for 14 days, [according to a questionnaire on the agency's website](https://ndhealth.co1.qualtrics.com/jfe/form/SV_eb7sJjKhR2UfB7n).

## Ohio

[Ohio's stay-at-home order](https://coronavirus.ohio.gov/static/publicorders/Directors-Stay-At-Home-Order-Amended-04-02-20.pdf) asks people entering the state to self-quarantine for 14 days, though it does not apply to people who live in Ohio but work or get essential services in another state.

## Oklahoma

[Gov. Kevin Stitt's executive order](https://www.sos.ok.gov/documents/executive/1924.pdf) requires people arriving on flights from the New York tri-state area (New York, New Jersey and Connecticut), Washington state, California or Louisiana to quarantine for 14 days. Airline personnel, military, health care and emergency workers are exempt.

## Pennsylvania

The [Pennsylvania Department of Health](https://www.health.pa.gov/topics/disease/coronavirus/Pages/Travelers.aspx) recommends travelers returning to the state from New York, New Jersey or other states with a high concentration of COVID-19 cases to self-quarantine.

## Rhode Island

[Rhode Island's executive order](http://www.governor.ri.gov/documents/orders/Executive-Order-20-14.pdf) requires a 14-day self-quarantine for any person traveling in from any other state. It does not apply to public health, public safety or health care workers. The [previous order that singled out those coming from New York](https://www.usatoday.com/story/news/nation/2020/03/29/coronavirus-rhode-repeals-new-york-quarantine-order/2935755001/) was repealed after Rhode Island authorities were criticized for stopping cars with New York license plates and going door-to-door searching for New York travelers.

**South Carolina**

[South Carolina's executive order](https://governor.sc.gov/sites/default/files/Documents/Executive-Orders/2020-03-27%20eFILED%20Executive%20Order%20No.%202020-14%20-%20Self-Quarantine%20for%20Individuals%20from%20High-Risk%20Areas.pdf) requires people who enter the state from New York, New Jersey, Connecticut or New Orleans to self-quarantine for 14 days. Airline and military personnel, health care workers and emergency responders are exempt.

**Texas**

Gov. Greg Abbott [ordered](https://gov.texas.gov/news/post/governor-abbott-issues-executive-order-mandating-14-day-quarantine-for-travelers-arriving-from-new-york-tri-state-area-new-orleans2) travelers arriving from New York, New Jersey, Connecticut or New Orleans to self-quarantine for 14 days. He later [added](https://gov.texas.gov/news/post/governor-abbott-issues-executive-order-mandating-14-day-quarantine-for-travelers-arriving-from-ca-la-wa-atlanta-chicago-detroit-and-miami) California, Louisiana, Washington state, Atlanta, Chicago, Detroitand Miami. [Highway checkpoints](https://gov.texas.gov/news/post/governor-abbott-mandates-14-day-quarantine-for-road-travelers-arriving-in-texas-from-any-location-in-louisiana) are set up to collect a form from Louisiana drivers at the states' shared border. Military personnel are exempt along with health care, emergency or critical-infrastructure workers.

**Vermont**

[Vermont's executive order](https://governor.vermont.gov/sites/scott/files/documents/ADDENDUM%207%20TO%20EXECUTIVE%20ORDER%2001-20.pdf) requires anyone, resident or not, traveling into Vermont "for anything other than an essential purpose" to self-quarantine for 14 days. Essential purposes include personal safety: grocery shopping, giving or receiving medical care and for work. The governor advised anyone who has COVID-19 symptoms from coming to Vermont, along with people from the following states and cities: New York, New Jersey, Connecticut, Florida, Louisiana, Detroit and Chicago.

**Virginia**

The [Virginia Department of Health](http://www.vdh.virginia.gov/coronavirus/coronavirus/travel-to-areas-with-widespread-ongoing-community-spread/) is asking residents who have traveled internationally, on a cruise ship or river boat or to a U.S. area where coronavirus is widespread to self-quarantine for 14 days.

**West Virginia**

[West Virginia's executive order](https://apps.sos.wv.gov/adlaw/executivejournal/readpdf.aspx?DocID=89695) requires anyone traveling from New York, New Jersey, Louisiana, Italy or China to isolate for 14 days. Exemptions are made for people who commute into or out of the state for work, military personnel and emergency and health care workers.

**Wisconsin**

The state's [Department of Health Services](https://www.dhs.wisconsin.gov/covid-19/travel.htm) recommends Wisconsin residents cancel or postpone all nonessential travel, and if it can't be avoided, to self-quarantine for 14 days upon returning to the state. Travel to seasonal homes or rental cabins in the states is "strongly discouraged."

**Wyoming**

[The governor's directive](https://drive.google.com/file/d/1xZF2MlVstWCSp8YtWc_7mJLwwsVa1Si5/view) advises people coming or returning to Wyoming from another state or country for any reason other than work to self-quarantine for 14 days.

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